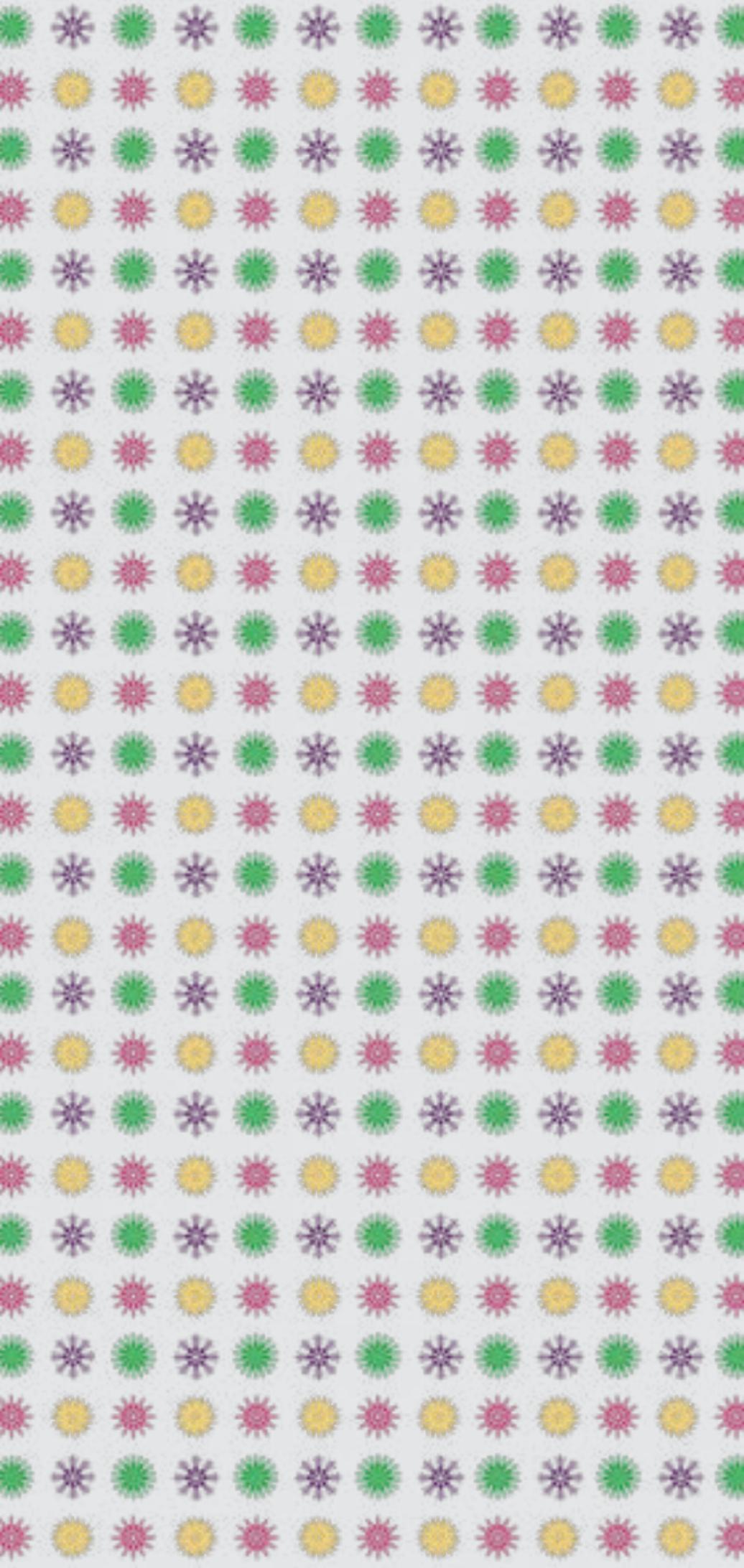




AKORAH

day spa

SPA MENU





Welcome to Akorah Day Spa

Situated within the iconic Novotel Northbeach in Wollongong, Akorah Day Spa is an oasis of rest and relaxation.

Specialising in advanced skincare and luxurious body therapies our highly qualified therapists will indulge your senses and reawaken your soul. At Akorah Day Spa our pure Australian made products and decadent spa rituals will provide you with an experience of indulgence and luxury that you will never forget..



Massage

At Akorah Day Spa, every massage and body treatment includes a consultation, aroma ritual and personal preparation time.

Sublime Massage

Using a combination of Swedish and deep tissue techniques, this rhythmic massage works to balance and re-align positive energy flow. Using our AKORAH essential oil blends, this sensory journey will relax even the tiredest muscles and invigorate you from head to toe.

30 min massage	\$65.00
60 min massage	\$110.00
90 min massage	\$175.00

Purr

...like a kitten with a Sublime Massage and facial.

The purrrfect pick me up.

30 min massage & 30 min facial	60 min - \$125.00
60 min massage & 60 min facial	2 hrs - \$230.00

Hot Stone Therapy 90 min - \$175.00

Experience the ancient ritual of heated stone massage.

Feel the diffusing warmth relax any tension, as the powerful healing properties of the volcanic stones melt away your stresses, leaving you feeling calm and revitalised.

Kahuna Massage 90 min - \$175.00

Aloha! Be swept away to a deserted island. Experience this smooth rhythmic massage originating from Hawaii.

This dance like therapy uses sweeping, rolling, and flowing techniques over your entire body to promote an overall sense of relaxation, health and well-being.

Recommended Upgrades:

Scalp Treatment 15 min - \$30.00

Using our delicious hair mask, our pressure point massage will dissolve all tension, leaving your scalp and hair nourished and hydrated.

Foot Massage 15min - \$30.00

Focusing on pressure points on the feet and ankles, this indulgence can be added to any treatment .





Hands and Feet

Sublime Manicure 30 min - \$60.00

Sublime Pedicure 30 min - \$60.00

This express treatment includes a cuticle softening, nail file and buff and finishes with a professional nail colour of your choice.

Hand Treatment 30 min - \$60.00

Rescue tired, rough and parched hands with this intensive soothing and replenishing treatment. We begin with a softening hand soak and exfoliation followed by a nourishing mud mask. This divine therapy finishes with a nurturing massage and moisturise.

Deluxe Rejuvenation Manicure 60 min - \$95.00

Upgrade your Hand Treatment to include a nail shape, buff and cuticle tidy to ensure your hands look as good as they feel. Finish with a professional nail colour of your choice.

Foot Treatment 30 min - \$60.00

Soak away tension and treat your soul to this wonderfully relaxing and grounding treatment. Using our divine AKORAH range we begin with a skin softening foot bath, exfoliation and mud mask. Finish with a decadent foot massage and moisturise.

Deluxe Rejuvenation Pedicure 60 min - \$95.00

Upgrade your Foot Treatment to include a full nail shape, buff and cuticle tidy to ensure your feet look as good as they feel. Finish with a professional nail colour of your choice.

Recommended Upgrades:

Upgrade your polish to Shellac - \$15

See Beauty services for a full list of Shellac prices





Signature Facials

Our luxurious signature facials incorporate active ingredients with relaxation. Every facial includes a thorough consultation, skin analysis and prescription.

Vita-Refresh Facial 30 min - \$70.00

An instant pick-me-up for your skin! This facial is perfect for men and women of any age, even those with very sensitive skin. Including a double cleanse, gentle exfoliation and treatment mask, this facial will leave your skin sparkling and radiant.

Vita-Glow Facial 60 min - \$120.00

Designed to invigorate and brighten the complexion, this facial will strengthen and refine leaving your skin glowing with vitality.

Ultra-Brightening Facial 60 min - \$135.00

This luxurious facial combines pure indulgence with total skin rejuvenation. By fading dark spots and pigmentation, this facial fights the visible signs of ageing, enhancing skin clarity and revealing a brighter more luminous complexion.

(you must be using Even Skintone Serum for 2 weeks prior to booking this facial)

Recommended Upgrades:

Ultra-Sonic Deep Cleanse and Infusion - \$15.00

Vita-Eye Booster - \$30.00





Advanced Facials

Our Skin Workouts aim to rejuvenate the skin through accelerated exfoliation. Every facial includes a thorough consultation, skin analysis and prescription.

Vita-Clear

60 min - \$120.00

This mandelic acid peel utilises AHA's to quickly decongest, clarify and help to control oil production. Ideal for problematic and acne prone skins, this peel improves congestion and reduces inflammation.

Vita-Repair

60 min - \$120.00

This high powered lactic acid peel delivers fast results and actively works to dramatically resurface and improve the skins moisture levels whilst restoring clarity and luminosity.

(you must be using Even Skintone Serum for 2 weeks prior to booking this facial)

Vita-Peel

60 min - \$130.00

Ideal for ageing or sun damaged skin. Features high strength AHA's and BHA's to rapidly exfoliate surface congestion while reducing the appearance of pigmentation and blotchiness. Reveals a brighter and clearer complexion.

(you must be using Even Skintone Serum for 2 weeks prior to booking this facial)

Hydra-Brasion Infusion Facial

60 min - \$160.00

We incorporate the double benefits of hydra-dermabrasion and ultrasonic-infusion, for the ultimate power facial.

This deeply exfoliating reconstructive treatment works to intensely resurface the skin, dramatically improving the skin's texture and clarity, revealing a more youthful, radiant complexion.

Ultimate A-Zyme

60 min - \$165.00

This fast acting non-invasive skin rejuvenation peel has proven anti-ageing ingredients of retinol. It works quickly to dramatically diminish fine lines, even skin tone and decrease the visible signs of ageing.

Recommended Upgrades:

Scalp Treatment - \$30.00

Foot Massage - \$30.00

Vita-Eye Booster - \$30.00





Skin Fitness Programs

To gain maximum, long lasting results, your skin clinician will design a program using a combination of advanced facials and a homecare prescription.

Skin Gym **\$320.00**

A combination of 3 advanced facials every 2 weeks. Give your complexion a pick me up with our customised program prescribed to address your specific concerns.

Facial Boot Camp. **\$620.00**

A combination of 6 advanced facials every two weeks. Send your skin to boot camp. Our highly experienced skin clinicians will design a program tailored specifically to treat your needs. Designed to transform your skin into its healthiest and most radiant.

Total Body Overhaul **\$1300.00**

For a true transformation – body mind and soul. This intensive custom tailored program includes a combination of advanced and paramedical facials and AKORAH spa rituals. We commence your journey with a consultation, thorough skin analysis and prescription, then design your program with 6 advanced facials and 6 relaxing spa rituals including massage and body treatments personally tailored to you. Includes an AKORAH Gift pack valued at \$100 + a \$50 gift voucher so you can spoil a friend.





For Men

All treatments and packages on our menu are suitable for men, however we have added a few extras.

Hand Detail **30 min - \$60.00**

Hands say a lot about a man – and not just a handshake. A moisturising massage with a nail shape and cuticle tidy is the perfect finishing touch to a well groomed man.

Foot Repair **30 min - \$60.00**

Soothe and repair rough cracked heels with a deeply exfoliating massage treatment. Add a cuticle and nail tidy, feels just like a new pair of slippers.

Mankind Facial **30 min - \$70.00**

An instant pick-me-up for your skin! This facial is perfect for men of any age. Includes a double cleanse, gentle exfoliation and purifying mask, this facial will leave your skin feeling clean and energised.

Recommended Upgrades:

Scalp Treatment - \$30.00, Foot Massage - \$30.00, Sublime Massage - \$55.00

High Performance Facial **60 min - \$130.00**

Packed with vitamins and active ingredients to target fine lines and ageing, this treatment facial will invigorate, refine and brighten all skin types.

Recommended Upgrades:

Vita-Eye Hydration Booster - \$30.00, Scalp Treatment - \$30.00, Micro-dermabrasion - \$40.00

Male Executive **90 min - \$185.00**

We start with a stress buster massage to relax, and a deep cleansing back treatment to detoxify your skin. Then finish with a mankind facial. You'll look good and feel great after this.

Recommended Upgrades:

Vita-Eye Hydration Booster \$30.00, Foot Massage \$30.00, Scalp Treatment \$30.00



Bliss **2 hours - \$290.00**

Unwind with a detoxifying AKORAH Body Polish, Mud Wrap and heavenly Scalp Treatment. Then to bring you back to earth we'll finish with our therapeutic Sublime Massage. Stress is nothing but a distant memory.

Recommended Upgrades:

Vita-Eye Booster - \$30.00, Vita-Refresh Facial - \$70

Spa Escape **2 hours - \$290.00**

After an invigorating AKORAH Body Polish, you will be cocooned in our Mud Wrap and Scalp Treatment. Then surrender to an ULTRACEUTICALS customised facial. Pure Indulgence.

Recommended Upgrades:

Vita-Eye Booster - \$30.00, Micro-Dermabrasion - \$40.00, 30min Sublime Massage-\$60.00

The Works **3 hours - \$390.00**

This ritual commences with a full body exfoliation to prepare the skin for our custom made AKORAH Mud Wrap. While you are enveloped in a linen cocoon you will drift away during a delicious Scalp Treatment. We complete this journey with a Sublime Massage and Facial.

Recommended Upgrades:

Vita-Eye Booster - \$30.00, Ultra-Sonic Deep Cleanse and Infusion - \$15.00

Heaven for a Day **6 hours - \$650.00 per person
\$1350.00 per couple**

For the ultimate indulgence, spend the entire day at Akorah Day Spa. Commencing with the AKORAH sensory journey, we treat you to a 90 minute Hot Stone Therapy followed by a Body Polish and Mud Wrap. While you are enveloped in a linen cocoon you will experience a divine Scalp Treatment. Then you can admire the view as you indulge in a delicious high tea with bubbles. Now that you are completely relaxed, you need to look sensational. It's time for a manicure, pedicure and a customised facial. Share it with someone you love or make it the ultimate self indulgence.



Beauty Services

Waxing / Hair Removal

Half Leg - upper	\$45.00
Half Leg - lower	\$40.00
Full Leg	\$60.00
Full Leg + Bikini	\$75.00
Bikini	\$30.00
G-String	\$40.00
Brazilian 1st time	\$80.00
Brazilian Maintenance	\$50.00
Tummy	\$20.00
Underarm	\$25.00
Forearm	\$40.00
Back	\$50.00
Chest	\$50.00
Lip	\$15.00
Chin	\$20.00
Face	\$25.00

For the Eyes

Lash Tint	\$20.00
Brow Tint	\$15.00
Brow Shape	\$20.00
Lash and Brow Tint and Brow Wax	\$45.00

Shellac Colour

30 second LED light cure, intense shine

Remove and Reapply	\$35.00
Application	\$25.00
Add on	\$15.00
Remove Only	\$10.00

Other Services

Spray Tan	\$35.00
Professional Make-up application	\$75.00



Group Bookings

It's SPArty time

So you need a day out with the girls, you want to spend some quality time together and catch up on all the goss but organising and co-ordinating sounds WAY TOO stressful... Well this is the perfect package for you.

All you need to do is set the day, send us the invitation list and we do everything else.

Your gals will be able to choose a 90min package where you can all totally bliss out away from the stresses of life, then you will all chill out together with a sumptuous high tea and bubbles. The only catch is that there must be at least four of you. A day of pamper, nibbles, bubbles and giggles.

\$200.00 per person.

Contact us for more information.

Gift Vouchers

A gift of 'spa' is a gift of love. For a half hour or a whole day, a visit to Akorah Day Spa is sure to spoil your senses and nurture your soul.

Our beautifully presented certificates can be mailed or emailed right away.

To purchase, call us or visit our website.



Contact Us

p: 02 4225 2522

www.akorah.com.au

Our Products



Introducing ULTRACEUTICALS, Australia's pre-eminent cosmeceutical skincare brand.

This Australian made skincare has been formulated with a combination of sophisticated, state of the art treatments and potent, proven ingredients so you get results which you can actually see - clear, firm, glowing, beautiful skin.

ULTRACEUTICALS is used exclusively in all our facials.





AKORAH

for all seasons

Introducing AKORAH, our signature range made exclusively for us.

Australia is a place of contrast. This magical landscape mirrors the cycles of life. From the birth of Spring and the youth of Summer, to the maturity of Autumn and the twilight of Winter, the passing of the seasons reflects our mood, our health and all our motivations of life. Through this connection to our unique environment AKORAH for all seasons was born.

AKORAH is used in all our body therapies.



SUMMER

a zesty blend of citrus, mint and juniper to cleanse and detoxify.



AUTUMN

a warming blend of black pepper, sandalwood and spice to balance and regenerate.



WINTER

a relaxing blend of lavender, chamomile and cinnamon to unwind and restore.



SPRING

a fragrant blend of ylang ylang, rosewood and lemongrass to uplift and energise.

Novotel Complex
Shop 11, Bourke Street
North Wollongong NSW 2500

Phone: 02 4225 2522

www.akorah.com.au



All prices include GST and are valid until 30/06/2016.

Please arrive 15 minutes early so you can complete our consultation card and relax before your spa experience. We will always try to accommodate any last minute requests but late arrival may result in your treatment time being reduced.

Cancellation Policy

All treatments require a 50% deposit at the time of booking. We understand that plans change but if you need to cancel for any reason we require 48 hours' notice. Less notice will result in your deposit being non-refundable.

Treatments are conducted free of jewellery, so please remove any valuables before entering Akorah Day Spa.

No responsibility can be accepted for any loss or damage to your personal property.